



BMD NORTHCLIFFE
SURF CLUB

Australian Champion Club since 2004

DECEMBER
2019



HAVE A
MERRY *Christmas*
& A HAPPY
NEW YEAR



NUTRI-GRAIN
IRONMAN / IRONWOMAN
SERIES
ROUND 4
SUNDAY 15 DECEMBER
SURFERS PARADISE
1PM-3PM
Come & Cheer on
Our Stars!

FORMAT - THE SPECIALIST

Four separate four minute races, one for each discipline of swim, board, ski and run. Results will determine the starting order for the final full iron race, with racers starting 2 seconds apart, starting with 1st place.



DATES FOR THE DIARY...

FRI 13 DECEMBER
Summer of Surf - Mermaid Beach

SAT 14 DECEMBER
QLD Beach Series - Kurrawa
Summer of Surf - Mermaid Beach
Kozii Iron Challenge, Raby Bay

SUN 15 DECEMBER
Kellogg's Nutri-Grain Series Rnd 4
Surfers Paradise

SAT 11 JANUARY
Oceans 38 Rnd 3 - Palm Beach
QLD Cup Rnd 1 (boats) - Tugun

SUN 12 JANUARY
SCB Young Guns Teams - Mermaid

FRI17-SAT 18 JANUARY
Summer of Surf-Wanda

FRI17-SUN 19 JANUARY
SCB Surf Rescue Champs-Broadbeach

SAT18-SUN 19 JANUARY
QLD Board Riding Champs - Alex Heads

SUN19 JANUARY
Kellogg's Nutri-Grain Series Rnd 5
North Cronulla

SAT 25-SUN 26 JANUARY
Murphy Homes Carnival- Maroochydore
QLD Cup Rnd 2 (boats) - Maroochydore

[Click here](#) for future dates

SAVE *The* DATE
13.06.20
ANNUAL DINNER

BMD Northcliffe Surf Life Saving Club
PO Box 980, Surfers Paradise, QLD, 4217.
Ph: (07) 5539 8091 Fax: (07) 5531 7071
info@northcliffesurfclub.com.au
www.bmdnorthcliffe.com.au

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LIFE SAVING & EDUCATION

PATROL SEASON

Next Saturday 14th December we begin our extended patrol hours of 7am – 6pm over the busy summer holiday break. This will continue until after the Australia Day weekend.

PROFICIENCY/SKILLS MAINTENANCE

We have now completed the last of our club's skills maintenance sessions. Our training team have been absolutely outstanding allowing us to run these sessions efficiently for our members. A huge thank you to Mackenzie Hynard, Tim Burgess, Mick Innes, Sam Lyon Jones, Callum Breetzke, Christie Short, Daniel Miller, Naomi Brett, Nicky Conyngham, Sally Davies, Scott Davies, Jarrah Davies and Jayden Burgess.

If you are still to complete your skills maintenance please contact Caroline in the Lifesaving office ASAP to discuss your options.

AN "OFF BEACH" RESCUE BY OUR MEMBERS

Four of our members were recently involved in the resuscitation of a member of the public who had had a heart attack whilst driving his car. Stuart Bailey and his daughter Claudia and Lisa Clout and daughter Zarni were returning home from an early morning training session when they came across the erratically parked car with two bystanders on the phone to paramedics. Stuart and Zarni provided lifesaving CPR for about 10 minutes until paramedics arrived. The patient underwent surgery at Gold Coast University Hospital and is making a slow recovery. Stuart and Zarni were pleased to have recently done their proficiency and that they could rely on their training. They also commented that the real-life situation was very different to working on a manikin in our training room. This is feedback that we will share with our training team to better equip our members should they come across a situation such as this.

Congratulations to these members for their bravery and compassion.

PATROL MEMBERS CHRISTMAS PARTY

Saturday 21st December 5pm on the grassed area beachside of the club. Nibbles and drinks provided.

Please RSVP to cfildes@northcliffesurfclub.com.au by Friday 13th December.

UPCOMING COURSES

Don't forget to check out the course calendar on our website to see all the courses we have on offer. They are all free to active patrolling members.

First Aid

Saturday 15 February 2020 8am – 4pm **
 Sunday 5 April 2020 8am – 4pm **
 Saturday 6 June 2020 8am – 4pm **

Advanced Resuscitation

Sunday 12 January 2020 8am – 4pm**
 Saturday 7 March 2020 8am – 4pm **
 Saturday 9 May 2020 8am – 4pm**

Bronze Medallion/Cert II Public Safety

School holiday 1-week course
 Monday 6th – Friday 10th January 2020

Surf Rescue Certificate

Monday 6th – Wednesday 8th January 2020

Silver Medallion IRB Driver

SUMMER COURSE 2020
 8 Sat/Sun mornings 7.30am–11am
 18/19 January to 7/8 March 2020

IRB Crew Course

SUMMER COURSE 2020
 1 Theory evening Tuesday 28 January 6pm
 & 5 Sat/Sun mornings 7.30am–11am
 18/19 January to 7/8 March 2020

**South Coast Branch office course (next to Mermaid Beach SLSC)

Please email cfildes@northcliffesurfclub.com.au to register for any of these courses

AWARDS ACHIEVED

CONGRATULATIONS to the following members who recently achieved the following awards:

Bronze Medallion

Tanner Baxter, Cassidy Coldicott, Thomas Cutmore, Lachie Falloon, Kalani Gilbertson, Jack Keepa, Nathan Proctor, Molly Shivan, Edan Wilson, Georgie Pitkethley.

Advanced Resuscitation

Hope Short, Josh Doherty

First Aid

Tammy Hagan, Jimmy Zeniou, Andrew McQuitty, Riley Frame, Michael Ker-Fox, Rosie Turnbull, David Watson, Tony Taylor, Kerry Ballman,

Silver Medallion Beach Management

Logan Crouch



BLUE CARDS

PLEASE CHECK YOUR BLUE CARD AND MAKE SURE IT HASN'T EXPIRED. IF IT HAS OR IS CLOSE TO EXPIRING YOU NEED TO RENEW ASAP. Please contact [Elena Davis](#).

HAVE YOU HAD YOUR SKIN CHECKED THIS YEAR?

We encourage all our members to visit a skin cancer clinic each year and ensure you wear sun protective clothing and sunscreen on patrol.

Please take the opportunity to visit one of our sponsors, The Layt Clinic, 16 Harvest Crt, Southport or call for an appointment on 5597 4100.



SKIN CANCER & LASER
 THE LAYT CLINIC



MASTERS CORNER

Well done to the small crew who competed at the recent Southport Masters carnival. It was a good event to blow out the cobwebs over some short courses but with large fields as most age groups started together. Unfortunately Nico couldn't test drive his new found status in the over 75 yrs age bracket. Northcliffe finished 5th in the points score with our small team. It was also good "pothole" practice given Aussies is again at Broadbeach.

The Masters boat crew also recently raced at the Sunny Coast with some promising results - Sinbad Clements is firing his team up for the season ahead!

Masters board/ski sessions have started under Coach Kolkka - Tuesday, Thursday and Saturday mornings at the club - numbers are steadily growing which is good to see.

Our attention now turns to the 2020 carnivals - Brunswick Masters (Saturday 15 February), Qld State Titles (Friday 27 March Alex Headland) and Aussies (Monday/Tuesday 20-21 April Broadbeach).

A friendly reminder to all Masters to encourage a friend to come along and join the group - we are always looking for more competitors especially in our younger age groups - Fossil cannot compete forever! Please sign them up to the "BMD Northcliffe Masters Official" page which will have information on carnivals and social gatherings from time to time.

**Cheers
 Moorey**



OUT THE BACK & UPFRONT

- ☺ Police investigating the disappearance of Corrimal Caravan Park's pet bunny rabbit.. Maddy Dunn, number one suspect!
- ☺ Chill & D Mac are good for a loan after their recent winnings!
- ☺ Congrats to Kristyl & Julie expecting a bub in May! Lee & Tiarne now seeking masters team replacements... KJ?? Floody??
- ☺ Gav hits it a bit too hard at Cory's bucks???
- ☺ Batman & Cat Woman create Wonder Boy!
- ☺ Grace R enjoying the flight attendant life!
- ☺ Mitch channeling his inner Harry Potter? →



SURF SPORTS

SLSA AWARDS OF EXCELLENCE

Congratulations to Georgia Miller who was named Athlete of the Year at the recent SLSA Awards of Excellence.

Well done Georgia!



COOLANGATTA GOLD RESULTS

Long Course

Elite Women

- 3rd Courtney Hancock
- 4th Georgia Miller
- 5th Dani McKenzie
- 6th Maddy Dunn
- 10th Kirsty Higgison
- 22nd Hannah Sculley

Elite Men

- 15th Mitch Coombes

Open Mens Teams

- 1st Cory Hill, Shannon Eckstein, Luke Cuff

35-49 Women

- 1st Tiarne Smith

50+ Male

- 4th Scott Oxenford

Short Course

U19 Female

- 8th Jarrah Davies
- 17th Caitlyn Miller

U19 Male

- 8th Kai Watson

Open Mens Teams

- 1st Cory Hill, Shannon Eckstein, Luke Cuff

KELLOGG'S NUTRI-GRAIN SERIES RESULTS

Round 1

As per Coolangatta Gold Elite Results above

Round 2—Burleigh Heads

- | | |
|----------------------|-------------------|
| 3rd Harriet Brown | 9th Mitch Coombes |
| 4th Georgia Miller | 14th Cory Taylor |
| 5th Dani McKenzie | 20th Luke Cuff |
| 6th Courtney Hancock | |
| 8th Maddy Dunn | |
| 12th Kirsty Higgison | |
| 16th Olivia Corrin | |
| 19th Hannah Sculley | |

Round 3—Bulli

- | | |
|-----------------------|--------------------|
| 3rd Georgia Miller | 1st Luke Cuff |
| 5th Dani McKenzie | 9th Cory Taylor |
| 9th Maddy Dunn | 19th Mitch Coombes |
| 10th Harriet Brown | |
| 11th Courtney Hancock | |
| 13th Kirsty Higgison | |
| 16th Hannah Sculley | |
| 19th Olivia Corrin | |

QLD YOUTH CYCLONES TEAM

Congrats to 4 of our members making the QLD Youth Cyclones Team - **Alyssa and Claudia Bailey, Euan Lynch and Ryley Harland**

Shaw and Partners
SHANNON ECKSTEIN
IRONMAN
Classic
BMD NORTHCLIFFE SLSC

14 - 15 FEBRUARY 2020

HUGE CASH PRIZES TO WIN!
U15 - U17 - OPEN IRONPERSON EVENTS
DASH FOR CASH
VALENTINES DAY MIXED BOARD RESCUE

NIPPERS CORNER



USED NIPPER BOARDS

If members have old nipper boards they wish to sell, you're welcome to place a sign on the Nipper Notice Board. We always have new members looking to buy second hand boards.

BMD NORTHCLIFFE SURF CLUB

MADDY DUNN
School Holiday Program

WEEK ONE
16TH 18TH 20TH
DECEMBER

WEEK TWO
8TH 9TH 10TH
JANUARY

WEEK THREE
13TH 15TH 17TH
JANUARY

9AM TO 11AM EACH SESSION

The School Holiday Program is available FOR FREE to all U9-14 nippers who can complete their age group swim proficiency. It aims to:

- ★ Develop skills in the surf, wave catching, wading & board technique
- ★ Improve fitness, confidence & surf awareness
- ★ Be fun and enjoyable for all ability levels

What to Bring:
HOT PINK SINGLET & CAP COMPULSORY
togs, wetsuit if cold, board if owned, towel, water, sunscreen, running gear, warm change of clothes

You can attend just one or all of the weeks and one or all of the sessions in any week.

Supporters Club News

NEW YEARS EVE 2020 @ the Cliffe

NO COVER CHARGE

2 x Dinner Seatings available
5pm - 7:45pm & 8:00pm to close

Midnight CLIFFE CASH Giveaway

Be here at midnight for a chance to win a

\$500 CLIFFE CASH GIFT CARD

EXTENDED TRADING
HOURS

BOOK
NOW!

Live Entertainment
MICK DARTBY
8pm - Midnight



CASH TORNADO TAKES OFF SUNDAYS FROM 3PM IN THE GAMING ROOM

\$3500 CASH IN THE VAULT

PLAY ANY GAMING MACHINE DURING THE WEEK TO WIN A DAILY CHANCE IN TO SUNDAY'S MEGA TORNADO!

PLUS...
EARN A CHANCE ON SUNDAY TO OUR BONUS MEGA TORNADO!

RE-LAUNCHED WITH MORE CASH ON OFFER!

TWO DAILY BONUS CASH TORNADO CHANCES MON - SAT AT 2PM & 8PM TO GRAB FOR UP TO \$500 IN REAL CASH!

SEE THE GAMING ROOM FOR FULL T&GS

Wednesday Night

MEMBERS DRAW

5 DRAWS FROM 6:30PM

Current Jackpot:

\$4,400

Sunday Afternoon

MEMBERS DRAW

3 DRAWS BETWEEN 4PM & 5PM

Current Jackpot:

\$1,700

CLICK HERE FOR OUR FUNCTIONS PACKAGE

Birthday FUNCTIONS

Celebrate it WITH US!

CONTACT functions@northcliffesurfclub.com.au for more information

SNAP! #TAG & WIN!

WINNER EVERY MONTH

SNAP A PIC ON YOUR SOCIAL MEDIA AND USE ONE OF THESE HASHTAGS

#bmdnorthcliffe #tower 32 #deck 32

WIN A \$50 BISTRO VOUCHER



CLICK ON ANY OF OUR SPONSORS LOGOS TO VISIT THEIR WEBSITE...

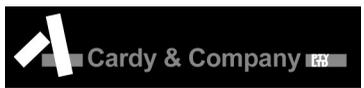
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