



BMD NORTHCLIFFE SURF CLUB

Junior Activities Preliminary Pool Evaluation Endorsement

Season: 2024/25

Name of child/children: 1. _____ DOB: _____ Age group: _____

2. _____ DOB: _____ Age group: _____

3. _____ DOB: _____ Age group: _____

4. _____ DOB: _____ Age group: _____

I _____, have witnessed the above child/children complete the Preliminary Pool Evaluation to the following standard (please see other side for age group proficiency test):

* C = Competent, NYC = No Yet Competent

Age groups determined by age on September 30, 2024. e.g. if 8 on Sept 30 = U9s. If turns age 8 on Oct 1 = U8s

I am aware that the information contained on this form will be used as formal proficiency testing information for Surf Life Saving Queensland Junior Activities Programs and any inaccurate recordings could result in a potentially dangerous situation for the named child, Surf Life Saving Club, and Surf Life Saving Queensland. I confirm the above information is recorded as true and accurate.

I understand that I must provide proof of my CURRENT accreditation for the award to be processed. I have attached and/or supplied a photocopy of my current:

Bronze Accredited Swim Coach: # _____

Surf Coach Accreditation: # _____

AUSTSWIM Instructor Accreditation: # _____

Signed: _____

Name: _____

Date: _____

Attach a copy of your current accreditation here

Age	Date of Birth	Flotation	Submersion	Propulsion/Swim	(C/NYC)
U6	1 Oct 2018 - 30 Sept 2019	Back or front float 5 seconds	Submerge to touch the bottom with hands.	Push and glide from pool wall (1-2m)	
U7	1 Oct 2017 - 30 Sept 2018	Back or front float 5 seconds	Submerge to touch the bottom with hands.	Push and glide from pool wall (2-3m)	
U8	1 Oct 2016 - 30 Sept 2017	Back or front float 5 seconds	Submerge to touch the bottom with hands.	Swim 20m + swim underwater for 2-3m	
U9	1 Oct 2015 - 30 Sept 2016	Back to front float 5 seconds each side + tread water for 1 min	Submerge to touch the bottom with hands.	Swim 50m	
U10	1 Oct 2014 - 30 Sept 2015	Back to front float 5 seconds each side + tread water for 1 min	Submerge to touch the bottom with hands.	Swim 75m	
U11	1 Oct 2013 - 30 Sept 2014	Back to front float 5 seconds each side + tread water for 2 min	Forward/backward roll underwater + retrieve object from bottom of pool	Swim 100m	
U12	1 Oct 2012 - 30 Sept 2013	Back to front float 5 seconds each side + tread water for 3 min	Forward/backward roll underwater + retrieve object from bottom of pool	Swim 150m	
U13	1 Oct 2011 - 30 Sept 2012	Back to front float 5 seconds each side + tread water for 3 min	Forward/backward roll underwater + retrieve object from bottom of pool	Swim 150m	
U14 (SRC)	1 Oct 2010 - 30 Sept 2011	Back to front float 5 seconds each side + tread water for 3 min	Forward/backward roll underwater + retrieve object from bottom of pool	Swim 200m (record time)	